




Sunday/dimanche	Monday/lundi	Tuesday/mardi	Wednesday/mercredi	Thursday/jeudi	Friday/vendredi	Saturday/samedi
		<p>1 <b>Playgroup</b> <i>S. Geiger School</i> 9:00 am to 11:30 am</p>	<p>2 <b>Special Event</b> (Drive In Movie) <i>Espanola United Church</i> 10:00 am to 12:00 pm <b>Creating Healthy Babies</b> (Registration REQUIRED - Held in the Library) <i>Espanola High School</i> 3:00 pm to 4:30 pm</p>	<p>3 <b>Playgroup</b> (Room #1) <i>Sacred Heart School</i> 9:00 am to 11:30 am</p>	4	5
<p>6 </p>	<p>7 <b>Civic Holiday / Congé civique</b> <b>Centre Closed / Le centre est fermé</b></p>	<p>8 <b>Playgroup</b> <i>S. Geiger School</i> 9:00 am to 11:30 am</p>	<p>9 <b>Baby Cafe</b> (Room #1) <i>Sacred Heart School</i> 9:00 am to 10:00 am <b>Stroller Walk</b> <i>Webbwood Public Library</i> 10:00 am to 11:30 am</p>	<p>10 <b>Groupe de jeux</b> <i>Ecole St-Joseph</i> 9:00 am to 11:30 pm <b>Community Kitchen</b> <i>Massey Arena</i> 1:00 pm to 4:00 pm</p>	11	12
13	14	<p>15 <b>Playgroup</b> <i>S. Geiger School</i> 9:00 am to 11:30 am</p>	<p>16 <b>Creating Healthy Babies</b> (Registration REQUIRED - Held in the Library) <i>Espanola High School</i> 3:00 pm to 4:30 pm</p>	<p>17 <b>Playgroup</b> (Room #1) <i>Sacred Heart School</i> 9:00 am to 11:30 am <b>Giant Outdoor Movie</b> <i>Espanola Recreational Complex</i> 7:00 pm to 10:00 pm</p>	18	<p>19 </p>
20	<p>21 <b>Special Event</b> (BINGO) <i>A.B. Ellis Public School</i> 10:00 am to 11:30 am</p>	<p>22 <b>Playgroup</b> <i>Massey Public Library</i> 10:00 am to 12:00 pm</p>	<p>23 <b>Family Fun In The Sun</b> <i>S. Geiger School</i> 10:00 am to 11:30 am</p>	<p>24 <b>Groupe de jeux</b> <i>Ecole St-Joseph</i> 9:00 am to 11:30 am</p>	25	26
<p>27 </p>	28	<p>29 <b>Playgroup</b> <i>Massey Public Library</i> 10:00 am to 12:00 pm</p>	<p>30 <b>Cooking With Kids</b> <i>Espanola United Church</i> 10:00 am to 12:00 pm</p>	<p>31 <b>Special Event</b> (TBA)  10:00 am to 11:30 am</p>		

Transportation & Child Care May Be Available

# Additional Program Information

## Steps & Stages

This program is offered to families with children between the ages of 0 and 3. Informal discussion groups cover topics relevant to this age group, including care and development.

## Collective Kitchen

This program offers parents and caregivers the opportunity to get together to enhance their skills in planning and cooking nutritious meals for their families on a budget. Each program is held in 2 sessions: a planning session and a cooking session.

## Parent Advisory Committee

These monthly meetings give members a chance to share ideas and suggestions about programs.

## Family Fun Night

This program gives families the opportunity to interact together in an open and welcoming environment while participating in games and physical activities together. A healthy nutritious meal is served.

## Creating Healthy Babies

This program offers expectant mothers the opportunity to receive emotional, educational and nutritional support to assist them in developing a healthy baby during their pregnancy. Good Food Bags containing fresh fruits and vegetables, milk, juice, eggs and other protein sources are also provided free to participants.

## Parent Discussion Groups

Parent Discussion Group offers families an opportunity to receive support and information on a variety of topics. Informal discussions give parents and caregivers the opportunity for personal growth and share with each other the joys and challenges of raising their children.

## Parent Education Courses

These courses are offered in 3 to 12 week sessions with a wide variety of topics. In an open and supportive environment, parents and caregivers are shown tools to enhance their life and communication skills while learning positive discipline techniques.

## Dad's Night

Dad's Night gives fathers and children the opportunity to interact together in an open and welcoming environment while participating in discussion, games and physical activities together. A healthy nutritious meal is served.

## Playgroup

This program gives parents and children the opportunity to interact together in an open and welcoming environment while participating in fun learning activities together.

## Special Events

We hold special events from time to time to give members and staff a chance to socialize and have fun together.

## Getting Healthy with OCOF

This is a fitness program that promotes healthy and positive lifestyle choices.

## Notes

Like us on Facebook @[OCOF Lacloche Hub](#) & Instagram @[LaCloche Hub](#)

**Drive-In Movie (Espanola):** Join us with your family to decorate a cardboard box car and enjoy a "drive-in style" family movie. Registration is encouraged by calling 705-869-5545.

**Stroller Walk (Webbwood):** Join us at the Webbwood Public Library for a walk around the community and take in the beauty of Webbwood. (In the event of rain this event will be re-scheduled. Call to find out more 705-869-5545).

**Special Event - BINGO (Espanola):** Join us for a fun game of BINGO. Snacks & refreshments will be provided.

**Giant Outdoor Movie (Espanola):** Bring the whole family to watch a fun movie outside at the Espanola Recreational Complex. This year's movie is Trolls. (FREE for OCOF members )  
**Please call (705) 869-5545 to register - spots are limited.**

**Family Fun in the Sun (Massey):** Join us for a great morning of fun and games. Please dress for the weather! (In the event of rain, activities will be held under the pavillion outside at S.Geiger Public School)

**Cooking With Kids (Espanola):** Children between the ages of 5 to 12 years old will have the opportunity to learn basic cooking skills by preparing pre-selected recipes with the support from their accompanied parent / caregiver. **Please call (705) 869-5545 to register - spots are limited.**

**Friendly Reminder: Playgroup runs all summer however we may be playing outside therefore dress accordingly!**

## Locations

### St. Mary's School

290 Algoma St. Massey, ON  
Tel: (705) 865-2772

### Ecole St-Joseph

333 Mead St. Espanola, ON  
Tel: (705) 869-3530

### Webbwood Public School

6 Minto St., Webbwood  
Tel: (705) 869-3751

### Sacred Heart School

128 Park St. Espanola, ON  
Tel: (705) 869-6871

### A.B. Ellis Public School

164 Mead Blvd. Espanola, ON  
Tel: 705-869-1651

### Lacloche Hub Main Office

147 Spruce Ave. Espanola, ON  
Tel: 705-869-5545

### S. Geiger School

355 Government Rd. West Massey, ON

### Espanola Recreational Complex

175 Avery Dr. Espanola, ON

### Espanola United Church

137 Sheppard St. Espanola, ON

### Massey Public Library

185 St. Grove Street, Massey