





Sunday/dimanche	Monday/lundi	Tuesday/mardi	Wednesday/mercredi	Thursday/jeudi	Friday/vendredi	Saturday/samedi
					1 <b>Playgroup</b> Webbwood Public Library 10:00 am to 12:00 pm	2
3 	4	5 <b>Playgroup</b> St. Marys School, Massey 9:00 am to 11:30 am	6 <b>Parent Advisory Committee</b> Sacred Heart School, Espanola 9:30 am to 12:00 pm <b>Creating Healthy Babies</b> Espanola High School 3:00 pm to 4:30 pm	7 <b>Playgroup</b> Sacred Heart School, Espanola 9:00 am to 11:30 am	8 <b>Playgroup</b> Webbwood Public Library 10:00 am to 12:00 pm	9
10	11	12 <b>Playgroup</b> St. Marys School, Massey 9:00 am to 11:30 am <b>Playgroup</b> (Early Learning Program) Massey Public Library 1:00 pm to 2:30 pm	13 <b>Baby Cafe</b> Sacred Heart School, Espanola 9:00 am to 10:00 am <b>Steps &amp; Stages</b> Sacred Heart School, Espanola 10:30 am to 12:00 pm <b>Evening Playgroup</b> (Holiday Dinner) A.B. Ellis Public School 5:00 pm to 6:30 pm	14 <b>Groupe de jeux</b> Ecole St-Joseph, Espanola 9:00 am to 11:30 am	15 <b>Playgroup</b> Webbwood Public Library 10:00 am to 12:00 pm	16
17 <b>Last Week of Programming</b> (until January 08, 2018)	18 <b>Collective Kitchen Planning Session</b> (SPECIAL CROCKPOT KITCHEN Registration Required) S. Geiger School, Massey 9:00 am to 11:00 am	19 <b>Playgroup</b> St. Marys School, Massey 9:00 am to 11:30 am	20 <b>Creating Healthy Babies</b> Espanola High School 3:00 pm to 4:30 pm <b>Playgroup</b> (Holiday Dinner) S. Geiger School, Massey 5:00 pm to 6:30 pm	21 <b>Playgroup</b> Sacred Heart School, Espanola 9:00 am to 11:30 am	22 <b>Collective Kitchen Cooking Session</b> (SPECIAL CROCKPOT KITCHEN Registration Required) S. Geiger School, Massey 9:00 am to 12:00 pm	23 
24 	25 <b>Centre Closed / Le centre est fermé</b> <b>Christmas Day / Noël</b>	26 <b>Centre Closed / Le centre est fermé</b> <b>Boxing Day / Le lendemain de Noël</b>	27 <b>Centre Closed / Le centre est fermé</b>	28 <b>Centre Closed / Le centre est fermé</b>	29 <b>Centre Closed / Le centre est fermé</b>	30
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# Additional Program Information

## Steps & Stages

This program is offered to families with children between the ages of 0 and 3. Informal discussion groups cover topics relevant to this age group, including care and development.

## Collective Kitchen

This program offers parents and caregivers the opportunity to get together to enhance their skills in planning and cooking nutritious meals for their families on a budget. Each program is held in 2 sessions: a planning session and a cooking session.

## Parent Advisory Committee

These monthly meetings give members a chance to share ideas and suggestions about programs.

## Family Fun Night

This program gives families the opportunity to interact together in an open and welcoming environment while participating in games and physical activities together. A healthy nutritious meal is served.

## Creating Healthy Babies

This program offers expectant mothers the opportunity to receive emotional, educational and nutritional support to assist them in developing a healthy baby during their pregnancy. Good Food Bags containing fresh fruits and vegetables, milk, juice, eggs and other protein sources are also provided free to participants.

## Parent Discussion Groups

Parent Discussion Group offers families an opportunity to receive support and information on a variety of topics. Informal discussions give parents and caregivers the opportunity for personal growth and share with each other the joys and challenges of raising their children.

## Parent Education Courses

These courses are offered in 3 to 12 week sessions with a wide variety of topics. In an open and supportive environment, parents and caregivers are shown tools to enhance their life and communication skills while learning positive discipline techniques.

## Dad's Night

Dad's Night gives fathers and children the opportunity to interact together in an open and welcoming environment while participating in discussion, games and physical activities together. A healthy nutritious meal is served.

## Playgroup

This program gives parents and children the opportunity to interact together in an open and welcoming environment while participating in fun learning activities together.

## Special Events

We hold special events from time to time to give members and staff a chance to socialize and have fun together.

## Getting Healthy with OCOF

This is a fitness program that promotes healthy and positive lifestyle choices.

## Notes

Like us on Facebook at [OCOF Lacloche Hub](#) and on Instagram at [laclochehub](#)

**Playgroup- Early Learning Program:** Join us for this program focused around play while participating in early learning development activities for toddlers and pre-schoolers.

**Evening Playgroup:** This program is a great time to get together as a family, to burn off some extra energy before settling down for bed. Holiday dinners will be served!

**Please note time changes for this month only due to the holiday dinners.**

**TRIPLE P POSITIVE PARENTING PROGRAM:** Triple P is for every parent whether you have a specific problem or looking for advice on common, everyday issues. It provides easy to use tips and new ideas that will help you build confidence and new skills. Please see staff to learn how to register for the program.  
<https://triplepsudbury.ca/>

## Locations

### St. Mary's School

290 Algoma St. Massey, ON  
Tel: (705) 865-2772

### Webbwood Public School

6 Minto St., Webbwood  
Tel: (705) 869-3751

### A.B. Ellis Public School

164 Mead Blvd. Espanola, ON  
Tel: 705-869-1651

### Webbwood Public Library

16 Main St. Webbwood  
Tel:

### Lacloche Hub Main Office

147 Spruce Ave. Espanola, ON  
Tel: 705-869-5545

### St. Marys School, Massey

290 Algoma St. Massey, ON  
Tel: (705) 865-2772

### Ecole St-Joseph, Espanola

333 Mead St. Espanola, ON  
Tel: (705) 869-3530

### Sacred Heart School, Espanola

128 Park St. Espanola, ON  
Tel: (705) 869-6871

### Massey Public Library

185 St. Grove Street, Massey

### Espanola High School

147 Spruce Avenue

### S. Geiger School, Massey

355 Government Rd. West Massey, ON