

Sunday/dimanche	Monday/lundi	Tuesday/mardi	Wednesday/mercredi	Thursday/jeudi	Friday/vendredi	Saturday/samedi
	1	08:30 am to 04:00 pm Center Closed for Staff Professional Development 2	08:30 am to 04:00 pm Center Closed for Staff Professional Development 3	08:30 am to 04:00 pm Center Closed for Staff Professional Development 4	5	6
7	8	09:00 am to 11:30 am Playgroup Redwood Acres Public School, Hanmer 9	09:00 am to 11:15 am Playgroup C.R. Judd Public School, Capreol 10	09:00 am to 12:00 pm Cooking with OCOF Trinity United Church, Capreol 11	10:00 am to 11:30 am Steps & Stages Capreol Public Library 12	13
14	09:30 am to 11:30 am Collective Kitchen Valley Pentacostal Church, Hanmer 15	09:00 am to 11:30 am Playgroup Redwood Acres Public School, Hanmer 16	09:00 am to 11:15 am Playgroup C.R. Judd Public School, Capreol 17	09:00 am to 12:00 pm Collective Kitchen Valley Pentacostal Church, Hanmer 18	10:00 am to 11:30 am Creating Healthy Babies Redwood Acres Public School, Hanmer 19	20
21	09:30 am to 11:30 am Parent Advisory Committee Valley Pentacostal Church, Hanmer 22	09:00 am to 11:30 am Playgroup Redwood Acres Public School, Hanmer 23	09:00 am to 11:15 am Playgroup C.R. Judd Public School, Capreol 24	10:00 am to 11:30 am Workshop Valley Pentacostal Church, Hanmer 25	10:00 am to 11:30 am Steps & Stages Redwood Acres Public School, Hanmer 26	08:00 am Family Literacy Day / La journée de l'alphabétisation familiale 27
28	29	09:00 am to 11:30 am Playgroup Redwood Acres Public School, Hanmer 30	09:00 am to 11:15 am Playgroup C.R. Judd Public School, Capreol 31			

Transportation & Child Care May Be Available

Additional Program Information

Center Closed for Staff Professional Development

Due to staff professional development during the first week of January, programs will not resume until January 8th 2018. If you require assistance during that time, please call and leave a message at the center as staff will be in and out of the office - if you require immediate assistance you can also call our main office at 705-677-0440.

Collective Kitchen

This program offers parents and caregivers the opportunity to get together to enhance their skills in planning and cooking nutritious meals for their families on a budget. Each program is held in 2 sessions: a planning session and a cooking session.

Cooking with OCOF

This program offers parents and caregivers the opportunity to learn about the importance of healthy eating and develop their cooking skills to prepare healthy affordable meals.

Creating Healthy Babies

This program offers expectant mothers the opportunity to receive emotional, educational and nutritional support to assist them in developing a healthy baby during their pregnancy. Good Food Bags containing fresh fruits and vegetables, milk, juice, eggs and other protein sources are also provided free to participants.

Family Literacy Day / La journée de l'alphabétisation familiale

Held annually on January 27 to raise awareness of the importance of reading and engaging in other literacy-related activities as a family. Taking time every day to read or do a learning activity with your child is crucial to their development. Even just 15 minutes a day can improve a child's literacy skills dramatically. <http://abclifliteracy.ca/family-literacy>

Parent Advisory Committee

These meetings give members a chance to share ideas and suggestions about programs.

Playgroup

This play-based program gives children and their parents/caregivers the opportunity to interact together in an open and welcoming environment while participating in engaging and inclusive learning activities together.

Steps & Stages

This discussion group offers families with children between the ages of 0 and 4 an opportunity to receive support and information on a variety of age-appropriate topics. Informal discussions give parents and caregivers the opportunity for personal growth and to share with each other the joys and challenges of raising their young children.

PROGRAM NOTES

Playgroup - Jan 9, 2018 9:00 am

ADDRESS: 4625 Carl St., Hanmer

FOOD SERVED: Snacks.

Playgroup - Jan 10, 2018 9:00 am

ADDRESS: 8 Lincoln Cr., Capreol

FOOD SERVED: Snacks.

Cooking with OCOF - Jan 11, 2018 9:00 am

ADDRESS: 72 Young St., Capreol

CHILCARE: yes. FOOD SERVED: Snacks.

Steps & Stages - Jan 12, 2018 10:00 am

ADDRESS: 9 Morin St., Capreol

CHILCARE: yes. FOOD SERVED: Snacks.

Collective Kitchen - Jan 15, 2018 9:30 am

ADDRESS: 231 Martha St., Hanmer

CHILCARE: yes. FOOD SERVED: Snacks.

Playgroup - Jan 16, 2018 9:00 am

ADDRESS: 4625 Carl St., Hanmer

FOOD SERVED: Snacks.

Playgroup - Jan 17, 2018 9:00 am

ADDRESS: 8 Lincoln Cr., Capreol

FOOD SERVED: Snacks.

Collective Kitchen - Jan 18, 2018 9:00 am

ADDRESS: 231 Martha St., Hanmer

CHILCARE: yes. FOOD SERVED: Snacks.

Creating Healthy Babies - Jan 19, 2018 10:00 am

ADDRESS: 4625 Carl St., Hanmer

CHILCARE: yes. FOOD SERVED: Snacks.

Parent Advisory Committee - Jan 22, 2018 9:30 am

ADDRESS: 231 Martha St., Hanmer

CHILCARE: yes. FOOD SERVED: Snacks.

Playgroup - Jan 23, 2018 9:00 am

ADDRESS: 4625 Carl St., Hanmer

FOOD SERVED: Snacks.

Playgroup - Jan 24, 2018 9:00 am

ADDRESS: 8 Lincoln Cr., Capreol

FOOD SERVED: Snacks.

Workshop - Jan 25, 2018 10:00 am

ADDRESS: 231 Martha St., Hanmer

CHILCARE: yes. FOOD SERVED: Snacks. NOTES: Join us for an informal presentation from Credit Counseling Sudbury on strategies to stay on budget on a tight income. Also, qualifying families with children under the age of 14 with a household income of under \$44,000 & both parent & child have a SIN card will have an opportunity to open a FREE Education Savings Plan and take advantage of government grants. For more information or to register, please call 705-969-4040.

Steps & Stages - Jan 26, 2018 10:00 am

ADDRESS: 4625 Carl St., Hanmer

CHILCARE: yes. FOOD SERVED: Snacks.

Playgroup - Jan 30, 2018 9:00 am

ADDRESS: 4625 Carl St., Hanmer

FOOD SERVED: Snacks.

Playgroup - Jan 31, 2018 9:00 am

ADDRESS: 8 Lincoln Cr., Capreol

FOOD SERVED: Snacks.