

Sunday/dimanche	Monday/lundi	Tuesday/mardi	Wednesday/mercredi	Thursday/jeudi	Friday/vendredi	Saturday/samedi
1 <i>(All day)</i> <i>Canada Day / Le Jour du Canada</i>	2 <i>(All day)</i> <i>Center Closed / Le centre est fermé</i>	3 10:00 am - 12:00 pm <i>Playgroup</i> Adamsdale Public School, Sudbury	4 10:30 am - 11:30 am <i>Creating Healthy Babies</i> Minnow Lake Place, Sudbury	5 09:30 am - 11:30 am <i>Playgroup</i> MacLeod Public School, Sudbury 10:30 am - 11:30 am <i>Getting Healthy with OCOF</i> Minnow Lake Place, Sudbury	6 10:00 am - 12:00 pm <i>Playgroup</i> Carl Nesbitt Public School, Sudbury	7
8	9 10:30 am - 12:00 pm <i>Ages & Stages</i> MacLeod Public School, Sudbury	10 10:00 am - 12:00 pm <i>Special Event</i> Moonlight Beach	11 10:30 am - 12:00 pm <i>Steps & Stages</i> Minnow Lake Place, Sudbury	12 09:30 am - 11:30 am <i>Playgroup</i> MacLeod Public School, Sudbury 10:30 am - 11:30 am <i>Getting Healthy with OCOF</i> Minnow Lake Place, Sudbury 10:30 am - 12:00 pm <i>Steps & Stages</i> Minnow Lake Place, Sudbury	13 10:00 am - 12:00 pm <i>Playgroup</i> Ridge Crest Water Park 10:30 am - 12:00 pm <i>Steps & Stages</i> Minnow Lake Place, Sudbury	14
15	16	17 10:00 am - 12:00 pm <i>Playgroup</i> Adamsdale Public School, Sudbury	18 10:30 am - 11:30 am <i>Creating Healthy Babies</i> Minnow Lake Place, Sudbury	19 09:30 am - 11:30 am <i>Playgroup</i> MacLeod Public School, Sudbury 10:30 am - 11:30 am <i>Getting Healthy with OCOF</i> Minnow Lake Place, Sudbury	20 10:00 am - 12:00 pm <i>Playgroup</i> Carl Nesbitt Public School, Sudbury	21
22	23	24 10:00 am - 12:00 pm <i>Special Event</i> Morel Park	25 10:00 am - 02:00 pm <i>Special Event</i> Kivi Park, Sudbury	26 09:30 am - 11:30 am <i>Playgroup</i> MacLeod Public School, Sudbury 10:30 am - 11:30 am <i>Getting Healthy with OCOF</i> Minnow Lake Place, Sudbury	27 10:00 am - 12:00 pm <i>Special Event</i> Bell Park	28
29	30 10:30 am - 12:00 pm <i>Ages & Stages</i> MacLeod Public School, Sudbury	31 10:00 am - 12:00 pm <i>Playgroup</i> Adamsdale Public School, Sudbury				

Additional Program Information / Information Additionnelle Concernant Les Programmes

Ages & Stages

This discussion group offers families with children between the ages of 0 and 4 an opportunity to receive support and information on a variety of age-appropriate topics. Informal discussions give parents and caregivers the opportunity for personal growth and to share with each other the joys and challenges of raising their young

Creating Healthy Babies

This program offers expectant mothers the opportunity to receive emotional, educational and nutritional support to assist them in developing a healthy baby during their pregnancy. Good Food Bags containing fresh fruits and vegetables, milk, juice, eggs and other protein sources are also provided free to participants.

Getting Healthy with OCOF

This is a wellness program that promotes healthy and positive lifestyle choices.

Playgroup

This play-based program gives children and their parents/caregivers the opportunity to interact together in an open and welcoming environment while participating in engaging and inclusive learning activities together.

Steps & Stages

This discussion group offers families with children between the ages of 0 and 4 an opportunity to receive support and information on a variety of age-appropriate topics. Informal discussions give parents and caregivers the opportunity for personal growth and to share with each other the joys and challenges of raising their young children.

PROGRAM NOTES / MESSAGES CONCERNANT LES PROGRAMMES

Playgroup - Jul 3,2018 10:00 am

ADDRESS: 181 First Avenue, Sudbury

Creating Healthy Babies - Jul 4,2018 10:30 am

ADDRESS: 1127 Bancroft Dr., Sudbury

Playgroup - Jul 5,2018 9:30 am

ADDRESS: 23 Walford Rd., Sudbury

Getting Healthy with OCOF - Jul 5,2018 10:30 am

ADDRESS: 1127 Bancroft Dr., Sudbury

Playgroup - Jul 6,2018 10:00 am

ADDRESS: 1241 Roy St., Sudbury

Ages & Stages - Jul 9,2018 10:30 am

ADDRESS: 23 Walford Rd., Sudbury

Special Event - Jul 10,2018 10:00 am

ADDRESS: 537 Moonlight Beach Rd. Sudbury ON, P3B 3V7

Steps & Stages - Jul 11,2018 10:30 am

ADDRESS: 1127 Bancroft Dr., Sudbury

CHILCARE: yes.

Playgroup - Jul 12,2018 9:30 am

ADDRESS: 23 Walford Rd., Sudbury

Getting Healthy with OCOF - Jul 12,2018 10:30 am

ADDRESS: 1127 Bancroft Dr., Sudbury

Steps & Stages - Jul 12,2018 10:30 am

ADDRESS: 1127 Bancroft Dr., Sudbury

Playgroup - Jul 13,2018 10:00 am

ADDRESS: 1437 Roy Ave, Sudbury, ON P3A 2N9

NOTES: Ridge Crest Water Park at 1437 Roy Ave, Sudbury, ON

P3A 2N9

Steps & Stages - Jul 13,2018 10:30 am

ADDRESS: 1127 Bancroft Dr., Sudbury

Playgroup - Jul 17,2018 10:00 am

ADDRESS: 181 First Avenue, Sudbury

NOTES: Presentation with Ministry Natural Resources

Creating Healthy Babies - Jul 18,2018 10:30 am

ADDRESS: 1127 Bancroft Dr., Sudbury

Playgroup - Jul 19,2018 9:30 am

ADDRESS: 23 Walford Rd., Sudbury

Getting Healthy with OCOF - Jul 19,2018 10:30 am

ADDRESS: 1127 Bancroft Dr., Sudbury

Playgroup - Jul 20,2018 10:00 am

ADDRESS: 1241 Roy St., Sudbury

Special Event - Jul 24,2018 10:00 am

ADDRESS: 270 Second Ave. Sudbury ON, P3B 4A7

Special Event - Jul 25,2018 10:00 am

ADDRESS: 4472 Long Lake Rd, Sudbury

Playgroup - Jul 26,2018 9:30 am

ADDRESS: 23 Walford Rd., Sudbury

Getting Healthy with OCOF - Jul 26,2018 10:30 am

ADDRESS: 1127 Bancroft Dr., Sudbury

Special Event - Jul 27,2018 10:00 am

ADDRESS: 100 Ramsey Lake Rd, Sudbury, Ontario P3E 5S9

NOTES: Bell Park Picnic

Ages & Stages - Jul 30,2018 10:30 am

ADDRESS: 23 Walford Rd., Sudbury

Playgroup - Jul 31,2018 10:00 am

ADDRESS: 181 First Avenue, Sudbury

NOTES: Nature Day